

EDITORIAL

It is hard to believe the weekend and good weather is upon us. For the first time in years we have been able to eat in the garden. I am sure barbeque sales were through the roof. I contented myself with a disposable one, no sense in being too optimistic.

I hope the achieve page is of interest to everyone. To older parishioners, it will remind them of past days, and to newer parishioners, the antiquity of the church and the people who were part of it. For me the mention of the Reverend Joe Freeland who married my parents in 1942 sparked an interest and memories.

I see the Parish Chef is on this healthy eating kick. I always think we should eat plenty of fish as long as it is fried in batter and covered in chips. Salt yes, vinegar is an option. Billy Adair is informative as ever and Tony is keeping us aware of the new look Men's Group. I am looking forward to the Garden Crawl this year, as I am usually away when it is on.

The Yak page is an important part of the magazine and it would be a help if some of the younger members of the parish could help with it. Your input would be valued and perhaps a number of you might put your heads together and come up with some ideas.

My thanks to all who contributed to this issue.

Editor

Articles for the July/August edition of 'The Lion' should be with the Parish Office by Tuesday, 15 June 2010



I am writing this letter on one of the very few “summer” days in May. The sun is shining and the air is relatively warm. It is a few days before the feast of Pentecost and a few weeks after a very unusual General Election which, believe it or not are in some ways related.

Pentecost is the day when the prophecy of Joel was fulfilled. He had foreseen a time when the Spirit of God would fall on all people; when old men would have visions and young men would dream dreams. In the first instance the Spirit was given to the Church so that it would have the resources it needed to proclaim the gospel to all nations. On the day of Pentecost the apostles were rather surprised to find that they could make themselves understood by people from every corner of the known world who had gathered in Jerusalem for a Jewish agricultural feast.

Because our religion has become almost a private pastime, sometimes we too are surprised when people show interest in the gospel and are able to understand it. However if we do indeed “*believe in the Holy Spirit*”, as we say each week in the Creed, then perhaps we should expect better results from our witness in the world.

However as well as being at work in the Church by the Holy Spirit, God is also at work in the world by the same means. Although He cannot and does not wish to control every action of every person at every moment, He is nevertheless working His purposes out over the great wide sweep of world history- in politics as much as anywhere else.

It hardly needs saying that God is not a Conservative, or a Socialist, or a Liberal Democrat. He is absolutely just and absolutely true and absolutely good, and insofar as any government is just and true and good within the limits of its own resources, then God will bless it. Insofar as it is unjust or deceitful or self-seeking then the Spirit of God will work against it.

Whatever we may think about any particular party, we have a clear obligation in the New Testament to pray for all governments and for the good of all people, our enemies as well as our friends. Politics is an

important vocation, and governments are God's appointed means of ruling peaceably in the world. Remember all our politicians in your prayers.

Music Making

Those of you who were able to attend the concert given by the Westminster Singers from Salt Lake City, Utah, USA and/or who heard them sing at Morning Prayer a few weeks ago will have been impressed by their enthusiasm and energy. As well as being very accomplished performers, these students were also extremely courteous and pleasant people. We hope that they will return next year.

In the meantime there are two other musical events in Church which you might like to come to and to spread the word about.

On Monday 14 June at 7.30pm we will be hosting another Organ Recital by Richard Hills, to support the fund that is being raised to rebuild the organ from the old Tonic Cinema in Bangor. Richard has played twice in St Mark's in the past year, and always produces a programme of light music, which is both tremendous fun and very accomplished.

On the following night, **Tuesday 15 June at 7.30pm** another Choir, this time, from Wyoming in the United States, the Gillette Singers, will be performing a very mixed programme, as part of their Irish Tour. If you have enjoyed the music so far, we hope you will be able to come with some friends. The proceeds will go to the Kosova Support Group.

Installation of the President of the Irish Methodist Conference

The Church of Ireland enjoys a very special relationship with the Irish Methodist Church in the form of a Covenant which was entered into in 2002. The Covenant encourages Methodist and Church of Ireland congregations to work and worship more closely together. In St. Mark's we are in the unusual position of having no Methodist Church within the parish boundary, although we have a great deal of contact with Knock Methodist through the Belmont and District Council of Churches.

So, we were especially pleased to be asked if the Church and Heyn Hall could be used for the service of Installation of the President of the Methodist Church in Ireland on 10 June. The Methodist Annual

Conference is taking place in Sydenham this year and we are delighted to be able to offer our facilities for this most important event in the life of the Church.

Our prayers and good wishes are with the Revd Paul Kingston, from Adare, Co. Limerick, as he prepares to take up this important post.

One of the benefits of having the Conference nearby is that we are kindly offered a Methodist minister to preach on the Sunday of conference and we look forward to welcoming Revd Ken Lindsay, from Ballinamallard, Co Fermanagh on Sunday 13 June at Morning Prayer.

Garden Crawl

The bi-annual St. Mark's Garden Crawl will take place this year on Saturday 19 June between 2.00pm-5.00pm. On this occasion a number of parishioners (this time six in all) are persuaded to open their gardens for inspection by the rest of us and there are teas etc. in the Rectory Garden.

The event always raises a respectable sum of money for good causes, which this year are CMS Ireland, the Grene Foundation and parish funds. However, more importantly it is always an occasion of good fun and fellowship. Come and bring your friends.

Curates old and new

As you will all know by now, our new curate Lynne Gibson will be ordained on 20 June at 3.30pm in Down Cathedral, and will begin her ministry here immediately thereafter. We will be organising a bus for any parishioners who would like to go to the ordination and a list will be appearing at the back of Church for you to sign up. We look forward to welcoming Lynne.

At the same time John Gowen will be taking a further step back from his involvement in St Mark's and he will be sorely missed. I have asked John and his wife Faye if they will come along to the Family Service and Sunday School Prize Distribution on Sunday 6 June at 10.30 to receive a small presentation and to allow people to say goodbye.

CALENDAR OF WORSHIP – JUNE 2010

Sunday 6 June, First Sunday after Trinity

- 8.30am Holy Communion
10.30am Family Service & Sunday School Awards
6.30pm Holy Communion & Ministry of Healing

Wednesday 9 St. Columba

- 11.00am Holy Communion
7.30pm Intercessions for the Sick

Sunday 13 Second Sunday after Trinity

- 8.30am Holy Communion
10.30am Morning Prayer, Preacher: Revd Ken Lindsay,
Ballinamallard Methodist Church, Co Fermanagh
6.30pm Compline

Wednesday 16

- 11.00am Holy Communion
7.30pm Intercessions for the Sick

Sunday 20 Third Sunday after Trinity

- 8.30am Holy Communion
10.30am Parish Communion
3.15pm Ordination of Lynne Gibson in Down Cathedral
NO Evening Service

Wednesday 23

- 11.00am Holy Communion
7.30pm Intercessions for the Sick

Sunday 27 Fourth Sunday after Trinity.

- 8.30am Holy Communion
10.30am Morning Prayer
6.30pm Compline

Wednesday 30

- 11.00am Holy Communion
7.30pm Intercessions for the Sick

Sunday 4 July , Fifth Sunday after Trinity

- 8.30am Holy Communion
10.30am Morning Prayer
6.30pm Holy Communion

Wednesday 7

- 11.00am Holy Communion
7.30pm Intercessions for the Sick

FROM THE PARISH REGISTERS



HOLY BAPTISM

Jesus said, "Let the little children come to me" (Mark 10:14)

- 9 May 2010 Edward William Joseph Martin of 3 Ranfurley Drive, Belfast
- 24 May 2010 Madison Jane Sessions of 4 Aigburth Park, Belfast

CHRISTIAN MARRIAGES

"What God has joined together, let man not separate" (Matthew 19:6)

- 23 April 2010 Stephen Bradshaw and Helen Bennett of Richmond Avenue, Belfast

CHRISTIAN BURIALS

"I am the resurrection and the life, says the Lord" (John 11:25)

- 4 May 2010 William Herbert Wright (Bill) late of 24 Carinburn Road, Belfast
- 13 May 2010 Isobel White late of Ardvarna Park, Belfast
- 14 May 2010 Eveline (Evie) Maud Kent late of 79 Circular Road, Belfast

COUNTING & STAPLERS



COLLECTION COUNT ROTA – JUNE 2010

Convenor John Emerson

Counters Norah Dunbar
Robin Dunbar
Mary Bayliss

LION STAPLERS – JUNE 2010

Friday 23 April @ 9.00am in the Committee Room



Jenny Wallace
Heather Grindle
Dorothy Adair

Rosemary Simpson
Tony Wilson

Madeleine Welch
Clifford Bennett

FLOODLIGHTING



OUTDOOR FLOODLIGHTING – MAY/JUNE

Donations for church floodlighting gratefully received from:

- 23 May Mrs Eileen Griffiths of 13 Ashbrook Crescent in memory of her husband and son
- 7 June Mr & Mrs Young of 20 Sydenham Ave in loving memory of their parents
- 14 June Mrs G McEwan of 4 Clonallon Park in memory of her husband William

FLOWERS – JUNE 2010



6 June Miss H Haire
122 Earlswood Road
In memory of her parents and brothers.

13 June Mrs J Whiteside
3 The Grange

20 June Mrs McEwan
4 Clonaver Park
In memory of her husband William

27 June Mrs V Hillis and Laura
21A Cyprus Avenue
In loving memory of Ron Hillis

Lesley E E Donaldson 90654866

DO YOU PURCHASE THE CHURCH OF IRELAND GAZETTE

**Do you know what you are missing?
Would you like to keep informed about church
matters, locally, nationally and overseas? If the
answer is yes then please contact Peter Moore
Tel 90673216 or the Parish office.**

**It only costs 60 pence per week or £30 per year. The
paper can also be emailed to you at a reduced cost.
By purchasing this church paper you can ensure that
its future is secure!**

Almighty and everlasting God,
who hast given unto us thy servants grace
by the confession of a true faith
to acknowledge the glory of the eternal Trinity,
and in the power of the Divine Majesty to worship the Unity;
We beseech thee,
that thou wouldest keep us steadfast in this faith,
and evermore defend us from all adversities,
who livest and reignest, one God, world without end.

ONE MORE RIVER

La march time.

The ani-mals came in two by two, *Vive la com-pagnie* the
 centipede with the kangaroo, *Vive la compagnie!*
 One more river, and that's the river of Jordan,
 One more river, There's one more river to cross.

The animals came in three by three,
Vive la compagnie.
 The elephant on the back of the flea,
Vive la compagnie.
 One more river, etc.

The animals came in four by four, etc.

The camel, he got stuck in the door.

Some were dead and some were alive.

The monkey he was up to his tricks.

Some went to Hell, and some went to Heaven.

The worm was early, the bird was late.

Some had water and some had wine.

If you want any more you must sing it again.

EVERGREENS *from Lorna Rutter and Joan Eakin*



Our May get-together saw us exercising our vocal cords and singing along to our old favourite tunes. A very sincere thank you to Mrs Rosemary Hunter who led us, thank you Rosemary – very enjoyable afternoon.

June 10th sees us heading to Hillsborough for our summer outing, for what I hope will be a great day.

Can I say, on behalf of the Evergreen Committee a very sincere thank you to everyone who has so willingly helped us throughout the year.

Our rota of sandwich and tray bake makers, Margery Wilson, our very dependable driver, and Leslie Donaldson who was always so happy to help when needed. Thank you all.

With our best wishes for a lovely summer break.

MOTHERS' UNION *from Mary Harland*



We wish all our members a refreshing and enjoyable holiday and look forward to seeing you at our opening service of Holy Communion in the church on the third Wednesday September at 7.30pm.



'Garden Crawl' Saturday, 19 June 2010 2 – 5 pm

The Garden Crawl is almost upon us, and we are delighted that six of our parishioners have very kindly agreed to open their gardens for viewing. The gardens are –

Sydenham Avenue - The Rectory at number 4 (teas available donation £1),
and also numbers 14, 20 and 121

Edgecumbe Gardens – number 51/53, and
Castlehill Park West – number 2

There will also be a plant stall, cake stall and craft stall selling handcrafted items made by our own Creative Sewing Group.

All gardens are open from 2 – 5 pm on the day and admission to all of the gardens is £2.50 for adults, £1.00 for children and £5.00 for a family ticket. You can start wherever you like and crawl (!) in whichever order you like, following the map which you buy on admission to the first garden you visit.

One garden which will be missing this year is that of the late Miss Evie Kent. Evie thoroughly enjoyed taking part in the Garden Crawl and her beautiful garden brought joy to all those who visited it. We will miss her very much.

This year as well as raising money for CMS and parish funds, we are supporting the Andrew Grene Foundation. Andrew, the son-in-law of one of our parishioners, lost his life in the Haiti earthquake in January while working for the United Nations. The foundation has been set up in his memory to continue to offer practical support to the people of Haiti whom he cared so much about.

We are looking for volunteers to help in a number of ways on the 19th June– serving teas, providing cakes and plants for sale, (praying for dry weather!) and in particular people to help with 'gate duty' at each of the gardens, even for a short while. Cakes may be left at number 123a Sydenham Avenue, and plants at number 39 Clonallon Park.

Please do put the date in your diary and plan to come along. If you can help in any way please let us know!!

Hannah Nelson Mary McDowell
02890 651916 02890 659047

PS – The nasturtiums which some of the Sunday School children have been growing will be judged on the day, and these should be brought along to the Rectory garden labelled with the grower's name and telephone number. Good luck!

LADIES' GUILD *from Geraldine Whiteside*



We held our annual General Meeting on the 10 May and the Revd Ivan Betts chaired the meeting, opening with prayer. The minutes, Secretary's and Treasurer's reports were read and passed, and the election of Officers held resulting in:

President : Pat Thompson

Secretary: Geraldine Whiteside

Treasurer: Pamela Clarke

Committee: Maureen Anderson, Margaret Parrock,
Pat Belshaw, Betty McIlwaine, Katie Logier.

Pat wished everybody an enjoyable and restful summer and looked forward to seeing au all in October.

Afterwards supper was provided by the committee.

May we wish all our readers a pleasant summer break.



On Tuesday 13 April we foregathered in the Parlour to hear Father Tom Leyden of the Society of Jesus speak on the subject of "Judaism", as found in history in the Bible and in the teaching of Jewish rabbis. He defined the word Judaism in five different meanings: 1. a way of belief followed by individual Jews 2. a bond between all Jews 3. a word containing all of Jewry throughout time 4. an expression of Jewish history and culture 5. a set of commandments and rules and beliefs for Jews. In short, a unique religion limited in its practice to one ethnic group of people.

Judaism began when, as related in the Old Testament, Ezra became the leader of those Israelites who had returned from captivity in Babylon "to walk in the way of God's law". Ezra's reforms were intended to purify the ancient faith of Israel, and he is considered the founder of Judaism.

Our speaker then developed his lecture under four headings. By using a carefully structured text, he gave considerable help to those of us who were trying to understand a very complex subject.

1. a sense of God - he is transcendent. His name could not be spoken aloud and was spelled with four Hebrew consonants YHWH, which Christians represent as Jehovah or Yahweh (compare Hallelu-jah meaning "praise God"). The word Adonai, meaning "my Lord, was also used, and indeed the word heaven referred to God being present. The Jews looked upon their God as all-powerful, but with a warm love for his people.

2. Israel - a very small group of people chosen by God, isolated from their neighbours because they worshipped only one God. But the Jews believed that all Gentiles (i.e. foreigners) would eventually be accepted by God.

3. the Torah - the first five books of the Bible, the books of Moses, which contained the Law, God's revelation of himself, his teaching and the Ten Commandments and many other regulations to control Israelite behaviour.

4. the end time - the "diaspora", the scattering all over the world of Jews, created synagogues on every continent, which it was hoped would lead to the conversion of the Gentiles. The Messiah - many Jews dreamt of a great warrior leader (King David re-born), the chosen one of God, like to one of the angels, and they looked forward to the resurrection of the just (that is, all those who kept the faith of Judaism).

Father Leyden completed his talk by speaking about the Pharisees, the Sadducees, the Essenes and the Zealots, and finally about Jewish customs with regard to eating food at table and always, by constant prayer, being reminded of the presence of God. Fortunately for us, he explained in great detail all these different groups in Jewish religious life, but, unhappily, there is not space here to record his words in full.

So ended an impressive series of three talks by speakers who knew what they were talking about and who presented their subjects in a clear and entertaining fashion to us. We are grateful to Ken Bell who engaged the speakers and organised the meetings and we also express our thanks for the provision of a rewarding cup of tea or coffee afterwards, with chance for good conversation.



GILLETTE CHAMBER SINGERS

Director: Dr. Jerry Winter
Tuesday, June 15
at 7.30 pm

St Mark's Church

Donations; £5/consession £2

The proceeds will go to the Kosova Support Group.

“HOW DEEP THE FATHER’S LOVE FOR US” *from Billy Adair*

At Morning Prayer some time ago we sang Hymn 224 “How deep the Father’s love for us” and the tune haunted me for quite a time after. We have to thank Stuart Townend (born 1963) for both words and music, and the tune came first!

According to “Companion to Church Hymnal” Stuart was the youngest of four children whose father was a pastor in the Church of the Nazarene in Edinburgh. He was brought up in a family atmosphere which was both Christian and musical, later in life his father became a Church of England Vicar, working in a parish in West Yorkshire.

Stuart became involved in music from a very early age by having piano lessons, and although at this stage he didn’t see music as part of his career, he worked on and got diplomas from the London & Royal Colleges of Music.

When he was 13 years of age Stuart committed his life to Christ, later graduated in American Literature at the Sussex University, and spent a further year on a full-time course on evangelism in Brighton.

In 1987 he joined the staff of Kingsway Communications, eventually becoming head of the Music department. He began writing worship songs in the modern style of what we might term “Christian pop”, and these were published and sung; but one day he decided to leave the shallow end and write a more traditional hymn. And how well the tune matches it.

This hymn centres around the Cross of Calvary and what it cost God to sacrifice His Son, His only Son, to redeem a lost world. It is intensely personal, and emphasises John 3 v 16 “For God so loved the world, that He gave His only begotten Son, that whosoever believeth in Him should not perish, but have everlasting life.”

v1 “How deep the Father's love for us,
How vast beyond all measure,
That He should give His only Son
To make a wretch His treasure!
How great the pain of searing loss:
The Father turns His face away
As wounds which mar the chosen One
Bring many sons to glory!”

Here Townend makes two powerful statements of what it cost God to sacrifice His beloved Son, the depth of His love, the greatness of his pain. The loss of a child is a traumatic experience, but when that child is an only child the hurt goes much deeper. And God gave His only begotten son “to make a wretch His treasure”. We often identify ourselves as “Sinners”, but here the word used is “wretch” – “an unfortunate, pitiable, reprehensible or contemptible person” according to the Oxford Dictionary, or just a “miserable sinner” as the Litany puts it.

v2 “Behold the man upon a Cross,
My sin upon His shoulders:
Ashamed, I hear my mocking voice
Call out among the scoffers.
It was my sin that held Him there
Until it was accomplished;
His dying breath has brought me life –
I know that it is finished.”

Now we become even more personal, and I am at the foot of the cross but “mine is the sin and Thine the righteousness/ mine is the guilt, but Thine the cleansing blood”, and when the man upon the cross cried out “It is finished” my Salvation was accomplished: a sinner no longer miserable, but saved by Grace.

v4 “I will not boast in anything’
No gifts, no power, no wisdom;
But I will boast in Jesus Christ,
His death and resurrection.
Why should I gain from His reward ?
I cannot give an answer;
But this I know with all my heart
His wounds have paid my ransom.”

There are echoes of St Paul here – a new way of life: a new way of thinking: a gospel message to proclaim to the world, “for the chastisement of His peace was upon me, and by His stripes I am healed.”

Here Townend asks an important question: “Why should I gain from His reward ?” and fails to give an answer. Perhaps the clue is in John 3. 16 – the answer of a God who loves us, each and every one, with a deep, deep love that is everlasting.

Perhaps the best way to sing this hymn is alone, and on our knees.



Healthy Eating to enjoy during the Summer months.

Parma Ham, grape and cheese salad

1 bag of mixed leaves of your own choice
6 ozs / 150 g of red or black grapes halved and deseeded if necessary
6ozs/150g of green grapes halved and deseeded
4ozs/100g mild blue cheese crumbled
Large packet of Parma ham
Chopped walnuts (optional)

Dressing

1 tablespoon balsamic vinegar
100mls non-sparkling red grape juice
4 tablespoons of walnut oil
1 teaspoon wholegrain mustard

Put juice in small pot and boil. Reduce by half and then cool. Use a whisk to add the remainder of ingredients.

Add half of dressing to mixture of leaves etc. Drizzle a little of remainder on top.

Smoked chicken and mango salad

1 packet thickly sliced smoked chicken 1 bag of mixed leaves
1 small packet of asparagus tips 1 mango (ripe) sliced

Dressing

1 dessertspoon olive oil Juice of 1 lime
1 tablespoon finely chopped chives Black pepper/ low sodium salt

Arrange salad leaves on serving platter. Place asparagus tips (cooked in boiling water till tender and rinsed with cold water)

Mix mango slices and chopped smoked chicken and add to platter

Whisk all the ingredients for dressing, pour over salad and toss before serving. Sprinkle with paprika to add colour.

Enjoy!

WE ARE NEARLY complete with the essential colours for marking the seasons of the Church's year on the Communion table, pulpit and with bookmarkers. The latest acquisition is a pulpit fall for Advent and Lent, the material for which was given by the Mothers' Union and made by Mrs. McClure, who so carefully looks after the linen and who had already renovated the festival frontal and given a pulpit fall and made collecting bags. The one item outstanding, and it is rather a big one, is a covering and frontal for the Communion table for Advent and Lent. We use the old red one, dyed a purplish colour, but it is no credit to St. Mark's. The value of colours is to remind us of the type of thought and sermon the Church will be preaching to us in lessons, hymns and sermon at different seasons of the year. Thus on high days and festival seasons we have the brightness of white and gold. In the penitential seasons of Advent and Lent we have the purple of sorrow, and the mauve of the spring violets of hope. For the rest of the year we have the green of the countryside, the messages for our everyday living in the world.

THE REV. J.K. FREELAND a curate of this parish during the war and much beloved by all who knew him, died in hospital in Dublin after a long illness. With a wonderful capacity for friendship, he wielded an immense influence with young men. Death came with gentle fingers to close the earthly life of one of God's saints, and all who knew him are the poorer for his passing.

WILLIAM'ROBERT MORROW former Sexton and Caretaker of this parish, died at the age of eighty-four after a long and trying illness. In May, 1937, Robert laid down the keys of office which he had honourably held for twenty-five years. To successive Rectors he was a guide and mentor, and each counted him as a personal friend. The older members of the parish remember him with affection, and all would bear witness to his faithful performance of his duties. His whole life was given w St Mark's and he took a pride in every department of the parish. The Church and grounds shone under his care. His control of the young people who thronged the Hall in Sunday School and the organisations was firm but courteous. His sense of humour and his geniality of spirit infected the whole Church life. The task of a Sexton

is no easy one. He is a public figure and a trusted official of the Church. Robert not only won the affection of the parishioners but their respect by the manner of his life and the dignity with which he enhanced his office. Loyal and true, Robert's name has an honoured place among those who have helped to build up the life of this great parish.

(The above is the substance of an address given by the Rector on Sunday, 12th September, in St. Mark's).

WE REGRET TO RECORD the death of an old friend of the parish. Mrs. Mitchell of Marmont enriched and endowed the Church in many ways. To her we owe the organ, the clerestory windows and the public address system. Where there was any need, whether in this parish or the diocese, she was a liberal subscriber. Her benefactions extended to private needs for she was ever seeking ways to help and to do good. On behalf of the parish we extend our sympathy to her son and daughter.

ANOTHER RETIREMENT will be that of our Verger and Caretaker, Edward Hewardine, who will be retiring on pension at the end of August. He has been with us for over eighteen years and loves every stick and stone in the place. It is only when he has been on holiday that we realise how many are the details for the smooth working of the services that fall to the lot of the Verger. His dignity in leading processions and his great interest in all matters concerning the Church have shown that his heart was in the well-being of the Church. Since his accident some years ago he has found it increasingly difficult to perform the heavier tasks, and he will carry into retirement the good wishes of the congregation.

The vacancy will probably be advertised in the public Press, but the Hon. Secretary of the Select Vestry, Mr. Ralph S. Neilson, or the Churchwardens would be glad to receive applications at any time. The post is, one, of responsibility and dignity and would suit well an active man on pension. It is a post that requires more, than capability to look after the Church, Hall and grounds, for it can only be filled adequately by a man who has a love for his Church and an ability to get on well with people

St. Columba's, Knock

King's Road, Belfast



FLOWER FESTIVAL

(Northern Ireland Group of Flower Arrangement Societies)

Celebrating the life of St. Columba

Friday 4th - Saturday 5th June 2010
10am - 9pm

Sunday 6th June 2010
2pm - 6pm

For Enquiries and bookings contact:

Moranne Noad – Tel: +44 (028) 90 793704 / email: noadfamily@hotmail.com

Morning coffee, lunches and afternoon – high teas available
Group Catering by arrangement - Contact Kathleen Acheson
Tel: +44 (028) 90 597707

Website: www.stcolumbas.down.anglican.org

A VISIT TO TURIN *from Mary Harland*

I recently visited Turin to see the Shroud, thought by many to be the burial garment of Jesus after the Crucifixion.

There has been much controversy over the authenticity of this shroud - some dismiss it out of hand without knowledge or fair investigation, whilst others attribute to it special miraculous powers.

The dating of the latest scientific investigations, thought to be 13th century, has been questioned because of the sample which was taken for carbon dating.

Recent history of the Shroud begins around 1350. In 1453 it became the property of the House of Savoy and it was kept in the Chapel in the Castle of Chambery from 1502 to 1578.

As a result of a fire in the Chapel in 1532, the Shroud was almost destroyed. The damage was repaired by Nuns from the nearby Order of Poor Clares of Chambery.

The Shroud was brought to Turin in 1578 where it has remained entrusted to the care of the Archbishop of the Diocese.

On the death of Umberto II of Savoy in 1983 and under the terms of his will, the Shroud became the property of the Holy See.

In 1993 the Shroud was temporarily placed behind the high altar of the Cathedral of Turin while restoration Work was carried out on Guarini's chapel. The chapel was devastated by a fire and the Shroud was carried to safety. The Shroud suffered no further damage.

In 2002 the repair work carried out by the Poor Clares was eliminated when the School of Restoration near Berne unstitched the patches and replaced the old lining.



Scientists and medical experts have been greatly impressed by the exactness of the image, the clear outline of the wounds and the correctness of the flow of blood.

Yves Delage, who was Professor of Anatomy at the Sorbonne in Paris and who was involved in important early studies of the Shroud, found that the wounds on the Shroud were anatomically accurate and concluded that it was highly probable that it was the burial garment of Jesus.

I saw the Shroud on two different occasions - once at a private viewing which was very special, and once when we queued having booked before we left Belfast.

The crowd, about 10 deep and taking about 2½ hrs to pass any given point, was for the most part good natured albeit noisy but when we went into an ante room to see a power point presentation highlighting the important points to look for on the Shroud before going into the Cathedral, there was complete silence and the only sound to be heard in the Cathedral was that of a Nun reciting prayers beside the shroud which is only on display once every ten years.



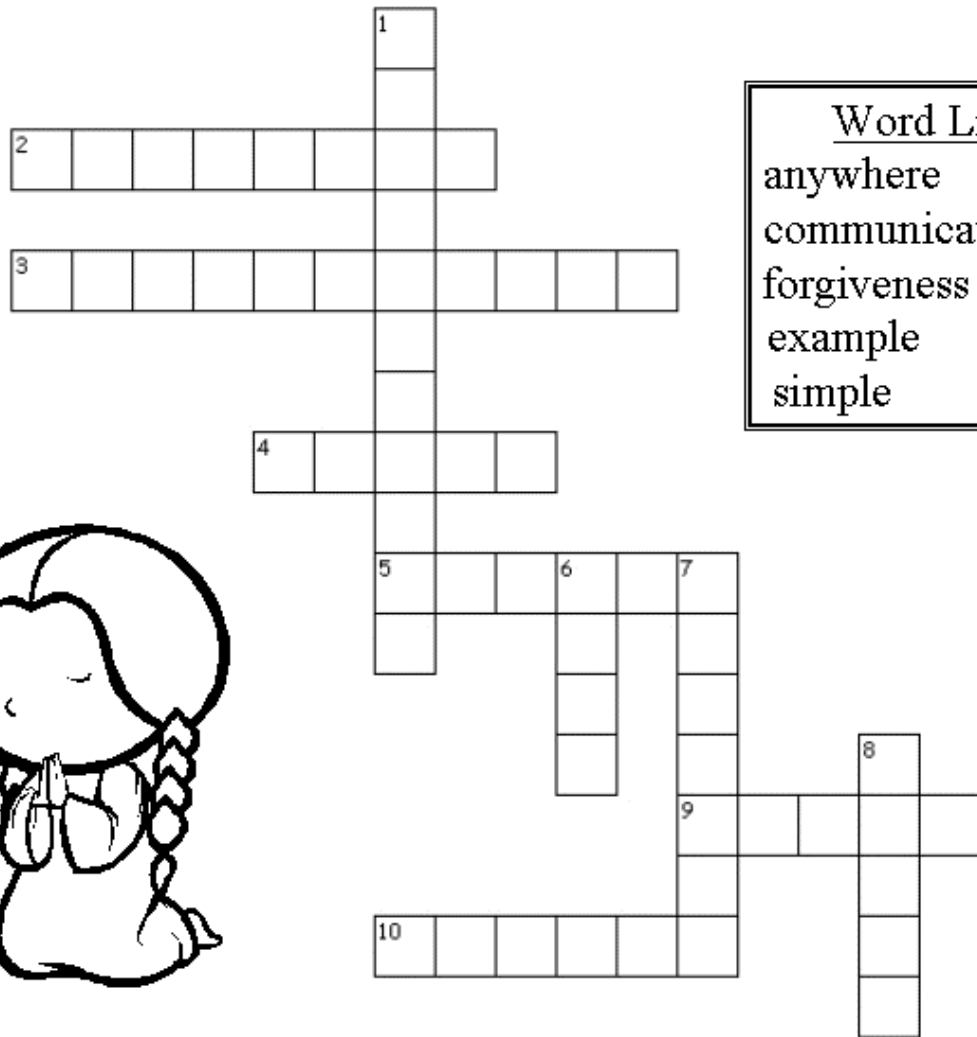
At first glance the Shroud seemed a very ordinary length of material, but as I looked more closely I could see the evidence of blood stains where the Crown of thorns had sat on his head, the marks of the piercing of his side and the stains on wrists and feet where He had been nailed to the cross. The reverse side showed the evidence of the scourging and the flow of blood from these wounds.

Having seen the Shroud for myself, I feel that the authenticity of the Shroud is on secondary importance.

The “Man in the Shroud” suffered the same appalling injuries as our Lord suffered and for me it reflects in every detail what Jesus suffered at Calvary, and the love and the price that was paid for me.

Y
A
K

Lord's Prayer Crossword



Across

2. We can pray anytime and ____.
3. Prayer is the special way we ____ with God.
4. We fold these out of respect and to avoid distraction when we pray.
5. Instead of using fancy words when we pray it's best to keep it this.
9. Praying has a lot of this because God can do anything.
10. Include this in your prayer to God because he deserves to hear it.

Down

1. An important part of prayer is to ask for this.
6. God wants us to do this all the time. When things are good and bad.
7. The Lord's Prayer is an ____ so we can know how to pray.
8. God always ____ us when we pray.

The Lion

**MAGAZINE OF ST MARK'S,
DUNDELA**

JUNE 2010



SAINT MARK'S CHURCH - PARISH OF DUNDELA
*Diocese of Down & Dromore * Church of Ireland * Anglican Communion*

dundela.down.anglican.org

Parish Office: Heyn Hall, 2 Sydenham Avenue, Belfast, BT4 2DR
T: 028 9065 4090 * E: office.dundela@down.anglican.org
(Office Hours: Monday to Friday, 9.00am to 1.00pm)

RECTOR: Revd John McDowell, St Mark's Rectory, 4 Sydenham Avenue BT4 2DR
T: 028 9065 9047 * E: office.dundela@down.anglican.org

HON. ASSISTANT PRIEST: Revd Ivan Betts, 56 Norwood Drive, BT4 2EB T: 028 9065 0723

DIOCESAN READER: Miss Joan Frame, 12 Kinedar Crescent, BT4 3LY T: 028 9065 3979

ORGANIST & CHOIRMASTER: Mr Peter D Hunter, 6b Old Quay Ct, Holywood, BT18 OHT
T: 028 9042 2048

HONORARY ORGANIST: Mr W Adair, L.T.C.L., 9 Cairnburn Park, BT4 2HX T: 028 9076 3603

PARISH ADMINISTRATOR: Mrs Linda Nicholson (contact at Parish Office)

SEXTON: Mr Richard Lyons (contact at Parish Office)

HONORARY SECRETARY: Mrs Lynn Wilson, 123a Sydenham Ave BT4 2DP T: 028 9065 6145

HONORARY TREASURER: Mr Peter S F Bayliss, 4 Norwood Court BT4 2ES T: 028 9076 3415

RECTOR'S CHURCHWARDEN: Mrs Angela Kerr, T: 028 9146 3753

PEOPLE'S CHURCHWARDEN: Mr Brian Kennedy, T: 028 9076 0876

RECTOR'S GLEBEWARDEN: Mr John Emerson, T: 028 90761221

PEOPLE'S GLEBEWARDEN: Mr David Ellis, T: 028 9065 2306

HONORARY VERGER: Mr Harry Whiteside, T: 028 9029 5908

HONORARY SACRISTAN: Mrs Mary Harland, T: 028 9087 3649

FWO RECORDER: Mr Max Livingstone, 24 Wanstead Road BT16 OEJ, T: 028 9048 2719

GIFT AID SECRETARY: Mr Robert F Malloy, T: 028 9048 2362

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HEYN HALL MANAGEMENT: Mrs Lynn Wilson, T: 028 9065 6145

SAFEGUARDING TRUST PARISH PANEL

Rev J McDowell T: 9065 9047

Prof K Bell T: 9145 3744

Mrs L Donaldson T: 9065 4866

PARISH ORGANISATIONS & REPRESENTATIVES

(in alphabetical order)

Alpha Bible Group	1st Tuesday, 8.00pm	Mrs Hannah Nelson, T: 9065 1916
Bell Ringers	Monday 7.30 - 9.00pm	Mr John Emerson, T: 9076 1221
Bible Fellowship	Wednesday (except 3rd), 8.15pm	The Revd John McDowell, T: 9065 9047
Boys' Brigade	Friday 6.30 - 8.00pm	Mr Harry Whiteside, T: 9029 5908
<i>Junior Section (age 8 - 11)</i>		
<i>Anchor Boys (age 5 - 7)</i>		
Brownies (ages 7 - 10)	Monday 6.30 - 8.00pm	Mrs Louise Orchin, T: 9067 1717
Choir	Thursday 7.30 - 9.00pm	Miss Heather McKaig, T: 9047 2319
Christian Aid		Mr Peter Hunter, T: 9042 2048
Church Missionary Society		Mrs Yvonne McMaster, T: 90422836
Church of Ireland Gazette		Miss June Moore T: 9065 7051
3216		Mr Peter Moore, 10 Hopedene Mews T: 9067
Cradle Roll		
Evergreens Club	2nd Wednesday, 2.30 - 4.00pm	Mrs Pat Thompson, T: 9087 6634
		Mrs Joan Eakin, T: 9076 8109 and
		Miss Lorna Rutter, T: 9065 2777
		Mrs Lesley Donaldson, 4 The Cairns, T: 9065
Flower Guild		
4866		
Guides	Monday, 6.30 - 8.00pm	Miss Lois Kennedy, Parish Office T: 90654090
Healer Prayer Group	Wednesday, 7.30 - 8.00pm	Secretary: Mrs Margaret Parrock, T: 9076 8524
Ladies Guild	2nd Monday 7.45pm	Secretary: Mrs Geraldine Whiteside, T: 9029
5908		
Men's Fellowship – Bowls	Thursday 7.30 - 10.45pm	Mr Corry Lyttle, T: 9076 8043
Men's Group	Monthly 8.00pm as arranged	Revd John McDowell, T: 9065 9047
Mothers' Union	3rd Wednesday 8.00pm	Enrolling Member: Mrs Mary Harland T: 9087 3649
Mums and Chums	Wednesday 10.15 - 12.00noon	Mrs Mary McDowell, T: 9065 9047
<i>(Parents and toddlers group)</i>		
Rainbows (ages 4 ½ - 7)	Monday 5.15 - 6.15pm	Mrs Heather Ellison, T: 9065 9278
Sanctuary Guild		Mrs Mary Harland, T: 9087 3649
St Mark's Players (Drama)		Mrs Jackie Parrock, T: 9076 8210
SUNDAY SCHOOL		
<i>Meets each Sunday except 1st Sunday from 10.30 until 11.30am.</i>		
<i>Children are collected from Heyn Hall after the Morning Service.</i>		
Kindergarten (ages 3 ½ - 7)		Mrs Hannah Nelson, T: 9065 1916
Seniors (ages 8 and over)		Mrs Ada Long, T: 9065 6117
The WARDROBE YOUTH ROOM		
Youth Fellowship	Sunday 8.00 - 9.30pm	Mr Harry Whiteside, T: 9029 5908
(age 11-18)		

CHURCH SERVICES IN ST MARK'S

SUNDAYS

8.30am	Holy Communion (every Sunday)
10.30am	Family Service (1st Sunday)
	Parish Communion (3rd Sunday)
	Morning Prayer (2nd, 4th & 5th Sundays)
6.30pm	Holy Communion & Ministry of Healing (1st Sunday)
	Compline (2nd Sunday)

CLERGY

Evensong (3rd Sunday)
Compline (4th Sunday)
Choral Eucharist (5th Sunday)

WEEKDAYS

8.30am Morning Prayer (Mon-Fri)
5.30pm Evening Prayer (Mon-Fri)
11.00am Holy Communion (Wednesday)
7.30pm Healer Prayer Service (Wednesday)

BY ARRANGEMENT WITH THE

Holy Baptism * Holy Matrimony *
Visitation of the Sick at Home/in Hospital *
Communion for the sick * Spiritual Direction *

St Mark's Church, Dundela



Garden Crawl

Saturday, 19th June 2010

2 pm - 5 pm

**6 gardens open in Sydenham Ave,
Clonallon Pk, Edgcumbe Gdns
and Castlehill Park West**



**Plant Stall, Cake Stall,
Craft Stall, Gardening advice,
Refreshments, Dolls' house
display,**



Live music

Car parking at Heyn Hall, Sydenham Ave

**Admission (by programme on sale at any garden) :
Adults £2.50 Children £1 Family ticket £5.00**

**Proceeds in aid of the Andrew Grene Foundation (Haiti),
Church Missionary Society, Parish funds**